



LALIT NARAYAN MITHILA UNIVERSITY

Kameshwaranagar, Darbhanga-846004

Letter No. alcr/6653/21

Date: 19.06.2021

To

The Principals,
All the Constituent / Affiliated Colleges,
L.N. Mithila University, Darbhanga.

Sub: Registration of students of B.A.Home Science (Hons.) Part – I for
"CENTRALIZED ONLINE CLASSES" - reg.

Ref: University letter no. LNMU / CR / 2626 / 21 dated 29.05.2021 & letter no.
LNMU / CR / 6277 – 303 / 21 dated 11.06.2021.

Sir,

With reference to the subject cited above I am directed to inform that the **Univ. Deptt. of Home Science** has prepared a routine for centralized online classes for above mentioned course. Hence, you are requested to inform the students of your college for their registration / enrolment / participation in the aforesaid on-line classes. The schedule is enclosed herewith. The details for registration are noted below:

Registration link : - <https://forms.gle/C4n7sqxLfoWerzDr5>
Date for Registration : - From 20.06.2021 to 24.06.2021
Date of commencement of on-line classes : - From 25.06.2021

Link for online classes shall be informed a day prior to the commencement of on-line class.

For any query / clarification contact Sri Ganesh Paswan, the Soft. Engineer on the Mobile no. – 9431636323 .

Encl: As Above

Yours faithfully,


(Prof. Mushtaque Ahmad)
Registrar

L N MITHILA UNIVERSITY

University Department Home Science

Schedule of Online classes

Time: 02:30 p.m. to 03:30 pm

Time:- 1PM to 3PM

Registration Link- <https://forms.gle/C4n7sgxLfoWerzDr5>

Date	Name	Topic
25.06.2021	Dr. D.R Handsa	What is Nutrition and it's need
	Dr. Aprajeeta	Nutrete and assessment direct method
26.06.2021	Dr. Pragati	Fundamentals of human nutrition's
	Dr. Prachi	Carbohydrates symptoms detains
28.06.2021	Priyanka	Introduction of food & it's nutrients
	Kiran	Basic concept of diet therapy
29.06.2021	Dr. Shikha	Compositions and functions of foods
	Dr. Afrin	Meal planning for over weight
30.06.2021	Dr. Prachi	Meal nutrition's
	Priyanka	Carbohydrates and it's types
01.07.2021	Kiran	Ecology symptoms & diet managed
	Dr. Shikha	classifications of foods
02.07.2021	Dr. Afrin	Meal planning for adult labour class
	Dr. Prachi	Meal planning for pregnant women
03.07.2021	Priyanka	Role & digestion of CHO
	Kiran	Ecology symptoms & diet management
05.07.2021	Dr. Shikha	Introduction of vitamins and it's source
	Dr. Afrin	Meal planning for school going child
06.07.2021	Kiran	Malaria symptoms
	Dr. Prachi	Kidney disease- nephrotics synachos
07.07.2021	Priyanka	Proteins and types
	Dr. Shikha	Basic and concept of water solutions
08.07.2021	Dr. Afrin	Food Adulteration
	Kiran	Liver disease (care and diet.)
09.07.2021	Dr. Prachi	Kidney disease. Nephrotic
	Dr. Shikha	Basic concept of fat soluable it.
10.07.2021	Dr.Afrin	Food selection in Hypertension

	Dr. Pragati	Dietary management in obesity of Cardiovascular disease.
12.07.2021	Dr. Afrin	Liver Disease
	Dr. Prachi	Acute renal failure
13.07.2021	Priyanka	Digestion of Proteins
	Dr. Shikha	Balanced Diet
14.07.2021	Dr. Afrin	Food Selection
	Dr. Aprajeeta	Nutritional and Status assessment

First Class- 1:00PM to 2:00PM, Second Class- 2:00PM to 3:00PM

Dr. Aprajeeta University Department of Home Science
Dr. Pragati University Department of Home Science
Kiran M.R.M College, Darbhanga
Dr. Prachi K.S. College, Darbhanga
Priyanka U.P College, Samastipur
Dr. Afrin S.B.S.S College, Begusarai
Dr. Shikha S.K.M. College, Begusarai

Online Class Coordinator

Head